



PHILIPPINE MEDICAL ASSOCIATION

Theme: **NAGKAKAISANG PMA: HATID AY KALUSUGAN PARA SA LAHAT**

Member : World Medical Association
Co-Founder : Confederation of Medical Associations in Asia and Oceania (CMAAO)
Medical Association of South East Asian Nations (MASEAN)
Secretariat : Philippine Medical Association Building, North Avenue, Quezon City 1105
Telephone Nos. : (02) 8929-7361; 8929-6366; 8926-2447 • Fax: (02) 8989-6951
Mobile Nos. : 0917-8221357 09189234732 (**Secretariat**) • 0927-5806903; 0961-5823069 (**Membership**)
Email Address : philmedas@yahoo.com; philmedas@gmail.com • Website: www.philippinemedicalassociation.org

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MEMORANDUM CIRCULAR (MC 2024-28-10-023)

TO: ALL MEDICAL DIRECTORS, CHIEFS OF CLINICS,
CHAIRS OF DIFFERENT TRAINING HOSPITALS

FROM: CHAIRMAN, PMA COMMITTEE ON RESEARCH

SUBJECT: 31st ANNUAL PMA RESIDENTS' RESEARCH
COMPETITION ANNOUNCEMENT 1

DATE: OCTOBER 28, 2024

Dear Colleagues:

The 31st PMA Annual Residents' Research Competition will be held in conjunction with the forthcoming 118th PMA Annual Convention and Scientific Meetings from May 14 - 17, 2025 at the EDSA Shangri-La Hotel. Pre-judging of written papers will take place from February 10 – March 29, 2025 and final judging of live oral presentations will take place during the Annual Convention.

Aware of your deep involvement in the Continuing Medical Education of our younger colleagues in the profession, the Committee would appreciate your cooperation and support in this annual Resident's Research Competition.

The contest is open to all Resident Physicians in the following categories, including their respective subspecialties:

Anesthesia	Dermatology
Emergency Medicine	Family Community Medicine
Internal Medicine	Neurology
Obstetrics and Gynecology	Ophthalmology
Otolaryngology Head Neck Surgery	
Orthopedics	Pathology
Pediatrics	Psychiatry
Radiology	Rehabilitation Medicine
Surgery	

The rules and complete details of the contest are enclosed for your perusal. The deadline for submission of entries is 5:00 PM on February 7, 2025.

Thank you very much.

Very truly yours,

JOSÉ FLORENCIO F. LAPEÑA, JR., M.A., M.D.
Chair, PMA Standing Committee on Research, Education and Culture



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Governor, Northcentral Mindanao

ERIC T. MONTESCLAROS, MD
Governor, Caraga

Noted by:

MA. REALIZA G. HENSON, M.D.
PMA Assistant Secretary General
Overall Chair, 118th Annual
Convention and Scientific Meetings

LUZ P. ACOSTA-BARRIENTOS, MD
PMA Vice President
Overall Co-Chair, 118th Annual
Convention and Scientific Meetings

MILDRED M. MAÑALAC-MARIANO, MD
PMA, Secretary General

HECTOR M. SANTOS JR. MD
PMA, President

**118th PMA ANNUAL CONVENTION
31st RESIDENTS' RESEARCH COMPETITION
RULES AND REGULATIONS**

GENERAL RULES

1. This contest is designed to stimulate and encourage Resident Physicians in different specialties to write, present and publish **original research** and **case reports**, the **two main categories** in this **Research Competition**.
2. The contest is open to all **bona fide Resident Physicians** of all hospitals in the country who are **active members in good standing of the PMA**. A Resident Physician may only submit one entry in one category. In case of multiple authors, the Resident Physician must be the principal author and must have been a Resident-in-Training on submission of the research competition entry. All entries must NOT HAVE WON any prize in any contest of the same nature, i.e. Inter-hospital or research contest in any society or convention. Entries previously submitted in a PMA Research Competition are automatically disqualified.
3. The contest is sponsored by the PMA. **Continuing Professional Development (CPD) units will be awarded to finalists and winners, judges, and physician attendees of the final oral scientific presentation in Metro Manila**. The **cash prizes** for each category are:

	ORIGINAL RESEARCH	CASE REPORT
First Place	P 15,000	P 7,000
Second Place	P 12,000	P 4,000
Third Place	P 9,000	P 2,000

4. These rules and regulations may be modified from time to time upon the recommendation of the Committee on Research, Education and Culture and approval of the PMA Board of Governors.
5. All entries automatically become the property of the PMA and cannot be published elsewhere without approval of the Board of Governors. Winning papers will be published in the PMA Journal following revision based on judges' reviews and final editing. Likewise, worthy non-winning papers may also be published in the PMA Journal upon acceptance by the editor, subject also to revisions based on judges' reviews and final editing. Posters may be considered for submission as full original papers, subject to peer review and editing.

MECHANICS:

1. All entries must be submitted to the Chair of the 31st PMA Annual Residents' Research Competition through the PMA Secretariat on or before Friday **February 7, 2025**, at **5:00 PM**:

**C/O MS. MARISSA ESTA
PHILIPPINE MEDICAL ASSOCIATION
SECRETARIAT, PMA BUILDING, NORTH AVENUE, QUEZON CITY
TEL. 89296366; 89262447; 89297361, 89296951
Email: pma.researchcompetition@gmail.com**

2. Entries must be clearly labeled “ORIGINAL RESEARCH COMPETITION,” OR “CASE REPORT COMPETITION” and submitted in **both original (PDF) full hard-copy versions and anonymized (PDF and WORD) soft copies**, according to specifications listed below.
3. Entries for each category will be pre-judged according to the following criteria:

ORIGINAL PAPERS

ORIGINALITY & SIGNIFICANCE OF STUDY	25%
INTRODUCTION AND OBJECTIVES	10%
MATERIALS AND METHODS	20%
RESULTS (INCLUDING TABLES, FIGURES)	20%
DISCUSSION, CONCLUSION, RECOMMENDATIONS	25%

CASE REPORTS

ORIGINALITY & SIGNIFICANCE OF CASE	25%
INTRODUCTION	10%
ACTUAL CASE REPORT (INCLUDING FIGURES)	25%
DISCUSSION (INCLUDING TABLES)	40%

4. Only the top five (5) finalists each for the original paper and case report categories will be chosen based on the above criteria. Pre-judging scores will be converted to seventy percent (70%) of the final score. The finalists will be notified by email and telephone (if possible) by the Chair of the Committee c/o Ms. Marissa Esta, on or before **Monday, April 7, 2025**, to allow them to arrange their travel to Metro Manila. Finalists must make their own travel arrangements and confirm their availability to present their papers orally during the actual paper presentations at the EDSA Shangri-La within one week of notification (**April 14, 2025**).
5. Oral Presentations for finalists will be held during the 118th PMA Annual Convention, **May 14-17, 2025**, at the EDSA Shangri-La Hotel. The oral presentations will comprise 30% of the 100% and will be added to the pre-judging score of 70%. The criteria for oral presentations are:

ORIGINALITY & SIGNIFICANCE OF STUDY	25%
CLARITY & LOGICAL FLOW OF PRESENTATION	25%
VISUAL QUALITY OF SLIDES	20%
ORAL DELIVERY & AUDIENCE IMPACT	20%
ANSWERS TO QUESTIONS	10%

6. The order of oral presentation will be determined by onsite drawing of lots one (1) hour before the actual start of the competition.
7. Oral presentations must be completed in eight (8) minutes, with five (5) minutes to answer questions. Each of the judges may ask one (1) question, with one (1) follow up. A warning signal will be given at five (5) minutes. Points will be deducted for every minute or fraction of a minute overtime.
8. The decision of the Board of Judges on Presentation Day is FINAL.

INSTRUCTIONS TO AUTHORS

1. All entries (original papers, case reports, poster abstracts) must be word-processed using Arial Font 12 on A4 size paper with 1-inch margins all around.
2. Two versions of the entry must be submitted; a **complete** PDF hard-copy version, and two **anonymized** soft copies in PDF and WORD versions, with **NO IDENTIFYING DATA**.
3. The **complete PDF HARD COPY** must contain the following:
 - a. TITLE PAGE – with Title, Full Names of Authors, PMA ID Numbers, Component Medical Society, Institutional Affiliation, Complete Mailing Address with Zip Code, Phone and Email address.
 - b. ABSTRACT AND KEYWORDS – 300 words for Original Papers and Poster Abstracts, 250-words for Case Reports; MeSH Headings for Keywords (from NLM MeSH list).
 - c. INTRODUCTION – Maximum 3 paragraphs for Original Papers; Minimum 3 sentences for Case Reports; in either case, the last paragraph or sentence should contain the objectives of the paper.
 - d. MATERIALS AND METHODS (for ORIGINAL PAPERS) – Study Design, Population / Subjects and Sampling, Materials (listing applicable Models, Manufacturers and Locations) and Procedures, Statistical Analysis.
 - e. RESULTS (for ORIGINAL PAPERS) – Default is textual presentation; Figures and Tables may be used instead of text where they add clarity and conciseness.
 - f. CASE REPORT PROPER (for CASE REPORTS) – Default is textual narrative; Figures may be used for clarity and illustration.
 - g. DISCUSSION – A proper and logical discussion of the results (telling the reader what they mean) or of the case, vis-à-vis a review of the literature, ending in a summary / conclusion and recommendations.
 - h. REFERENCES - Vancouver (NLM PubMed) Style, listed and numbered chronologically in the order they are first cited in the text. Citations in the text must be indicated by Arabic numerals using superscripts.
4. The **ANONYMIZED PDF AND WORD ELECTRONIC COPIES** must contain all the above **EXCEPT** a. (TITLE PAGE). The TITLE should be placed immediately above the b. (ABSTRACT). ***IN ADDITION, the identity of the author(s), their institution, or any identifying data should NOT BE MENTIONED anywhere in the paper.***
5. An **AUTHOR FORM** certifying that **ALL FOUR ICJME CRITERIA FOR AUTHORSHIP** <https://www.icmje.org/recommendations/browse/roles-and-responsibilities/defining-the-role-of-authors-and-contributors.html> have been met by each author, and that the submitted work is original, represents honest work and has not been submitted elsewhere, **MUST BE SUBMITTED, SIGNED BY ALL AUTHORS, with the PDF HARD COPY.**

FAILURE TO COMPLY WITH GUIDELINES, RULES AND REGULATIONS WILL MERIT AUTOMATIC DISQUALIFICATION OF THE PAPER SUBMITTED.